



Save A Life Seminar - Saturday March 07, 2026 10:00 AM - 1:00 PM

By **Montgomery County CERT**

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100 Edison Park Dr

Mar 7 from 10am to 1pm EST

Overview

Save A Life Seminar- Includes Heartsaver Hands Only CPR/AED, Training, Bleeding Control, and Choking Intervention. Everyone should be prepared and up to date with life saving skills. This class is suitable for 16+. All minors need to be accompanied by a parent or guardian for the duration of the class..

Save A Life Seminar

Everyone should be equipped with CPR/AED and other lifesaving skills taught by our AHA-certified instructors. Learn to recognize cardiac arrest, activate emergency medical services, handle life threatening bleeds, intervene in choking events and respond appropriately until additional assistance arrives.

This class is offered free to Montgomery County Residents. To participate in this training, you must be 16+ years old or older and a resident of Montgomery County . *For more information, please contact the CERT Registrar at registrar@montgomerycert.org.*

Please wear comfortable clothing and arrive at least 15 minutes early to pass security.

Category: Health, Personal health